

# BAR HILL NEWS

October 2014; Issue 552

## MEETING FOR RESIDENTS TO DISCUSS FLOODING IN THE VILLAGE

There will be a meeting in the Church on  
Thursday 23rd October 2014 at 7.00pm.

The panel will include South Cambridgeshire Drainage  
Manager, Ecological Officer, Cambridgeshire County  
Council. Other relevant agencies have also been  
invited.

This is an opportunity for residents to ask the panel  
questions and get answers and advice.

*Bunty Waters*

Chairman, Bar Hill Parish Council

## A NEW FACE IN THE VILLAGE

My name is Martin Belgrove and I am a trainee minister  
on a nine month placement with Bar Hill Church, under  
the guidance of the Rev Charles Mather. I recently  
finished three years of academic study at Westminster  
College Cambridge. This placement represents the final  
phase of my training before seeking my own ministry in  
2015. Before studying at Westminster I lived in London  
for many years; however I am familiar with the local area  
as I grew up in Melbourn and attended Melbourn Village  
College and Hills Road Sixth Form.

In the last few weeks I have been enthused by the  
welcome I've received and the distinctive village feel of  
Bar Hill. It truly is a welcoming and friendly place  
especially when I am studying the Bar Hill map trying to  
find my way around the connecting pathways. I have a  
real sense that God has called me to Bar Hill for this  
chapter of my ministerial journey as the placement  
represents a great learning opportunity for me, and I am  
keen to explore the ecumenical nature of Bar Hill Church  
and its role within the community.

I am very much looking forward to my time at Bar Hill,  
both within the Church and the life of the village, and  
meeting residents and visitors as I go about developing  
my ministry.

*Every Blessing, Martin*

## — BAR HILL PARISH COUNCIL — VACANCY — PARISH CLERK

We have a vacancy for a Parish Clerk to work Monday  
to Friday. Maximum of 30 hours, flexibility required.  
Knowledge of admin duties, book keeping, Microsoft  
Word and Excel essential. Salary dependent upon  
experience and qualifications.  
If you have any questions please contact Leigh Baffa on  
01954 780456, who will be happy to give you further  
information. Please apply in writing (letter or  
e-mail) with CV, no later than Friday 24th October  
2014 to:- Mrs Leigh Baffa, Parish Clerk, Parish Council  
Office, Bar Hill CB23 8SE; [bhillpc-1@btconnect.com](mailto:bhillpc-1@btconnect.com).

## BAR HILL AUTOMATED EXTERNAL DEFIBRILLATOR (AED)

A new Community Access Defibrillator has been  
installed on the Parish Council office wall. The device is  
available 24/7 and anyone can use it in an emergency.  
It can be removed from the cabinet and carried to the  
patient and the device even talks to you, giving easy-to-  
follow instructions. It has a built in safety mechanism  
and cannot harm anyone if used incorrectly. Using a  
defibrillator before an ambulance arrives could mean  
saving a life.

The Parish Council would like to offer their thanks to  
the East of England Ambulance Service and  
David Whitehouse for allowing this village to have this  
life saving equipment, whilst we hope it is never  
needed it will be comforting for the residents of Bar Hill  
to know that there is a defibrillator available 24 hours a  
day to help a heart attack victim before the arrival of a  
paramedic.

More information and pictures are on the Village  
website: [www.barhill.org.uk](http://www.barhill.org.uk).

## A NEW PICNIC BENCH FOR BAR HILL

Over the summer, leaders of the 'Coffee Stop' and 'Bar Hill  
Health Walks' talked about the possibility of having a  
picnic bench outside the Library.

The Coffee Stop, a chance to meet up for coffee and a  
chat, is held in the Library every Wednesday morning from  
1000-1200. The Library staff is very supportive, for which  
we are extremely grateful. It is well attended by a large  
variety of people, including the Bar Hill Health Walkers,  
who regularly end their walk there. Over the lovely sunny  
days this summer, discussions often centred around the  
possibility of enjoying our coffee outside. Thus the idea  
was formed...

We have been granted permission to have a picnic bench  
on the grassy area outside the Library. At the moment cost  
is indicated at around £1,000, including installation, for a  
heavy duty, low maintenance picnic bench similar in  
quality to the seat outside the Parish Council Office.

It would be for community use in an ideal place next to  
the Library, School and the playing field, where people  
naturally congregate. It can be a place where friendships  
are made, ideas shared.

Our aim is to raise this amount by donations and  
fundraising events for everyone to enjoy. Our first event  
will be 'Strolling on a Sunday Afternoon' on  
12th October from 1.45-4pm. Three levels of organised  
walks that everyone can take part in around the Village  
and Dry Drayton at a cost of £3 each or £5 family. Your  
support is most welcome.

See our posters for details, or for further information  
contact Sue Kenchington 01954 780260; or Josephine  
Powell 07901 558108; email: [jopowell45@hotmail.com](mailto:jopowell45@hotmail.com).

deadline for next issue: 15th October to [bhnetor@yahoo.com](mailto:bhnetor@yahoo.com), or see page 2 for other contact details

## BAR HILL RESIDENTS' ASSOCIATION

### 2014-15 COMMITTEE:

Chairman:	Roger Hall	01954 780304	11 Almond Grove
Vice-Chair:	Paul Goodfield	01954 200228	15 Little Meadow
Secretary:	Anil Pallan	01223 655620	72 The Spinney
Treasurer:	Martin Avery	01954 781233	34 Acorn Avenue
Website:	Mike Nelson	01954 780772	6 Field View
Also	Jo Hall	01954 780304	11 Almond Grove
	Hilary Whipp	<a href="mailto:hilary@whipp6.orangehome.co.uk">hilary@whipp6.orangehome.co.uk</a>	

### BAR HILL NEWS:

Editor:	Jan Cundy	<a href="mailto:jan_cundy@yahoo.com">jan_cundy@yahoo.com</a>	1 Hanover Close
Advertising Coordinator:	Bunty Waters	01954 201421	77 Foxhollow
Distribution Coordinator:	Martin Avery	01954 781233	34 Acorn Avenue

The Objectives of the Association are to act as an intermediary between Residents and other parties, to keep residents informed of matters of importance and recreation in and around the Village, and to promote the interests of Bar Hill.

Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published, but names and addresses may be withheld. However, these may be made available should a written request be received. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

### ADVERTISING

All matters relating to advertising should be addressed to the Advertising Coordinator [bunty.waters@ntlworld.com](mailto:bunty.waters@ntlworld.com). Quarter-page adverts cost £15.50 per month and must be submitted by the 1st of the month prior to inclusion. Maxi ads (£8.50 per month) and Mini ads (£5 per month) should be submitted by 15th of the month prior to their inclusion. Sizes: Maxi: 6 x 4.5 cm – 9 x 6 cm; Mini: 6 x 2 cm – 6 x 4 cm. Quarter-page ads are for local businesses and we guarantee publication, but this often results in a waiting list. To help overcome this, we provide maxi and mini ads which appear throughout the publication. We cannot guarantee their inclusion, though, due to restrictions of space.

### EDITORIAL

There is no charge for Articles, What's On, For Sale and Lost and Found, and these appear at the Editor's discretion. Please submit items by 15th of the month. All telephone numbers without an area code are Crafts Hill (01954). All items can be submitted electronically on disc or to [bhneditor@yahoo.com](mailto:bhneditor@yahoo.com), [a Word file is best, please] or hard copy via Parish Council Office.

## THE MAPLE SURGERY

Tel: 01954 780442

[www.mhmaple.co.uk](http://www.mhmaple.co.uk)

### Surgery Opening times:

Monday, Wednesday, Thursday	7.00am*–6.00pm
Tuesday, Friday	8.30am – 6.30pm
(* appointments available from 7.30am)	
Midwife Thursday	2.00pm – 4.00pm
Physiotherapist Tuesday	1.00pm – 4.30pm
Podiatrist Wed. & Friday	8.45am – 12 noon
	and 1.00pm – 4.00pm
Orthoptist 2nd Tues. of month	9.00am – 12.30pm
CAMTAD 4th Tues. of month	9.30am – 11.30am

Phone lines open from 7am – 6.30pm, Mon. – Friday.

(emergency on the day appointments bookable by phone from 8.30am only)

Out of Hours Emergencies – call 111

(Cambridgeshire and Peterborough 111 Service)

Health Visitors: (based at Longstanton Surgery):  
01954 207612

Well Child Clinics: 3rd Tuesday of the month  
1.00pm – 2.30pm at the Children's Centre, Bar Hill  
(next to Primary School).

## USEFUL TELEPHONE NUMBERS

- Church Office 206120 • Conservative Party (Iris Lay) 205265 • Happy Hours (Helen Collins) 782203 •
- Liberal Democrat Party (Andy Pellew) 07814 871752 • Library (renewals and enquiries) 0345 0455225 •
- Neighbourhood Watch 201001 • Parish Council (Leigh Baffa) 780456 • Police non emergency 101 •
- Post Office 789285 • Pre-School 782892 • Samaritans 01223 364455 • School 273305 • Social Club 781881 •
- Swavesey Village College 230366 •

### STORYTIME AT BAR HILL LIBRARY

*Stories and pictures, rhymes, songs and craft activities*  
Storytime is a special time for small children, held on the second and fourth Saturday each month from 10.30am in the Library. There is no need to book. Open to children of pre-school age and their older siblings who are accompanied by an adult, Storytime offers half an hour or more of book-based fun. This free event opens up the treasure that books offer, revealing to young children what is to be gained from learning to read. An extra adult reader is needed to keep Storytime going regularly. Please talk to staff in the Library if you are interested; you are welcome to come to a session to find out what goes on. The aim is to keep our regular events going while we are short of help, but sometimes a session may have to be cancelled at short notice. This free event opens up the treasure that books present and reveals to young children what is to be gained from learning to read. There is no need to book; just come along and join us.

### ARCHAEOLOGY JOURNALS

Over a hundred journals that will appeal to those interested in archaeology are available free of charge to anyone who would like them. Most are in the series 'Current Archaeology', and give an insight into recent excavations and discoveries. There are other specialist titles available too, particularly in landscape archaeology. If interested, ring 01954 780745.

### THE HAIR COMPANY

Professional Mobile Hairdressing  
covering Bar Hill and surrounding areas.  
Call Caroline: 07843 238718



### MATHS AND PHYSICS TUITION

Qualified teacher, with First Class Honours Degree in Physics, offers GCSE and A level tuition in Maths and Physics.  
Telephone Paul Noble on 01954 780477.



The Elizabeth Coteman Fund

### FAMILY QUIZ NITE

at BAR HILL SPORTS & SOCIAL CLUB,  
The Village Hall, The Spinney, Bar Hill Cambridge  
CB23 8SU

**Saturday 8th November 2014**

Come and support fundraising for, and awareness of,  
pancreatic cancer

Tickets only £12 per person, including hot buffet supper  
from 6.30-7.30pm; Quiz starts at 7.45pm

Cash Bar; Raffle

To book your tickets please email [info@ecfund.org](mailto:info@ecfund.org)  
(please state any dietary requirements)

Payment can be made on the night or sent to  
The Elizabeth Coteman Fund, 27 Thornton Court,  
Girton CB3 0NS (cheques payable to  
The Elizabeth Coteman Fund)

The Elizabeth Coteman Fund is managed by Cambridgeshire  
Community Foundation - Registered Charity No 1103314

### HAPPY HOURS - NEWSLETTER

With many people away or child minding during the holidays our numbers are down this month. However we carry on with games and competitions which are nearing completion.

Dennis generously paid for everyone to celebrate his 90th birthday with a cream tea, birthday cake and wine for members. We all enjoyed the afternoon.

There are still a few seats left for our coach outing to Downtown/Boundary Mill on 22nd October. Now we have the last Bank Holiday over until Christmas I expect the time will fly and we will be thinking about those presents.

Age UK Befriending Scheme call 0800 169 29 39 or Silverline 0800 470 80 90.

*Helen Collins*  
01954 782203

### SWAVESEY RADSOC PRESENTS



### "SEASON'S GREETINGS"

by Alan Ayckbourn

at the Swavesey Venue,  
Swavesey Village College

**Thursday 16 October - Saturday 18 October 2014**

*Outside the snow is falling but indoors chestnuts are  
roasting on an open fire... such extremes of temperature  
are also the measure of relationships within  
Neville and Belinda's Christmas house party.*

*Welcome to the Yuletide from hell!*

Come and join in the festive fun starting each evening at

**7.30pm. Adults £8.00; Concessions £6.50**

Tickets available from [www.swaveseyradsoc.org.uk](http://www.swaveseyradsoc.org.uk) or  
phone 07504 552870

A booking fee of £1 per total transaction is added to online bookings.

Season's Greetings is presented by special arrangement with  
SAMUEL FRENCH, LTD

### RASTERREPAIR

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T: 07413 849034; E: [rasterrepair@gmail.com](mailto:rasterrepair@gmail.com)

### STAGE STARZ DRAMA CLUB

Stage Starz is a Drama Club for kids in Bar Hill, where everyone is welcome and made to feel like a star.

Our mission is to:

- help kids develop their confidence;
  - make new friends;
  - learn new drama skills;
  - work with kids who want to become professional actors/actresses, and educate them on what they need to do to succeed;
  - put on performances for students to participate in;
  - make drama an affordable option for all.
- At Stage Starz we want our students to enjoy what they're doing. We don't believe in charging extortionate amounts of money - we want drama to be available to all kids.

For more information please visit our website:  
<http://stagestarz.wix.com/stage-starz>, or e-mail:  
[stagestarz@hotmail.com](mailto:stagestarz@hotmail.com)



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*Dear Editor*

WOW! What a great start to the term, regardless of the flood that challenged us in the summer at Bar Hill School. After weeks of hard work recovering from the flood, we welcomed the children with smiles and quite a bit of excitement over the coming term. It's been a real joy to start working with the children and staff at the school as they all are noticeably talented and determined to achieve at extremely high levels. Thanks to all who have welcomed me so warmly into the role of headteacher.

I'm writing this note to extend an invitation to residents of the area to feel free to book an appointment to visit the school and see us in action during the school day. You will truly be amazed by the talent and high levels of achievement at the school.

Similarly, we would welcome anyone who would like to volunteer some time at the school working alongside the children. We are always looking for members of the community who would be willing to work in lessons as a teaching assistant or offer clubs for the children during lunch or after school. For example, if you love gardening and maybe don't have a large plot, think about sharing your gardening passion with the children at the school – we have some impressive garden plots around the school.

At Bar Hill we are working to raise future leaders of our community – we need members of our community to work alongside us. If you have time to spare, please drop me an e-mail: [headteacher@barhill.cambs.sch.uk](mailto:headteacher@barhill.cambs.sch.uk), or contact the front office on 01954-273305 to book an appointment to visit the school and get started.

*Dr Al Mistrano*

Headteacher, Bar Hill Community Primary School.

*Dear Editor*

The 1st Bar Hill Scout Group would like to send a very big Thank You to Giles and Bob for all the hard work they have put into our Scout hut. They have rewired, put in new heaters, knocked down walls, and made it a fantastic place for us.

We would also like to thank Tesco for the cheque we received.

*We thank you lots from the Beavers, Cubs, Scouts, the Leaders and Committee.*

*Dear Editor*

May I request any information, images or videos anyone might have of the flooding of 8th August?

I'm especially interested in the area around where the drift meets the perimeter road, the entrance to Hollytrees and elsewhere in Hollytrees. Also from the far end of the balancing lake where the stream enters it.

Please send any information to my email address: [colin\\_brett@ntlworld.com](mailto:colin_brett@ntlworld.com).

Many thanks.

*Colin Brett, Hollytrees.*

*Dear Editor*

### Swavesey Village College – new build update

Following the appointment of contractors, the new build programme at Swavesey Village College – which will include the redevelopment of Drama, Design and Enterprise, Dining and a new Sports Hall – is starting with demolition of the existing gym and drama studio this August. Clearly during 2014–15 this will have an impact on community groups that use the College, but in the long term we will be able to offer far better facilities for all school and community users.

This development represents significant investment in the infrastructure of the college. As well as the capacity to accommodate the growth in the number of children living in the college catchment area, this development will enable us to better accommodate the existing student population.

Whilst this is a fantastic opportunity in the long term it does present short term challenges. We appreciate your support in managing this period of development and change as effectively as possible in the following ways:

- Ensure that the Fen Drayton Road entrance is used to pick up and drop off students at 8.30am and 3.10pm. This will be lit and have a footpath installed as part of the works.
- Park considerably and use the Fen Drayton Road car park and bus park after 4.30pm if visiting for parents' evenings or using the sports centre.
- Use the front car park for access only to the Scout Hut and squash club.
- We strongly urge drivers not to park on Gibraltar Lane or drive into the crowded front car park at end of school. This presents a real danger to children on foot and bicycles, as well as disturbing local residents. Please support the college and local police by helping to keep our children safe.

This is the first phase of development, with a second phase involving the rehousing of the English Department.

This is an exciting time for members of the college community and for students especially as they begin to shape the social and dining spaces for coming years. These will form part of the new build. Unfortunately, the Government and County Council Grants do not include any funding for fixtures and fittings in the new build so the focus of the sponsored walk in September, other fund raising and money raised from the 5 years' time concert will go towards equipping the social and dining provision for students.

We have spoken to Mr Bacon's Family and they are very happy for this new build to be developed in his memory. We will be working with all members of the college community to look at the most fitting way to do this.

*Andy Daly, Principal*

### BUILDING WORK

All types of small building work undertaken by experienced craftsman. Competitive rates.

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E: [tombola49@aol.com](mailto:tombola49@aol.com)





### BAR HILL CRICKET CLUB

Bar Hill ended the season on a high with a terrific victory over Willingham. They lost early wickets, but Elliot Hard hit 42 and Sam Wilson 31 to give them a defendable total of 130. Phil Orvis then took 3 for 15 and Sam Wilson and Martin Cullum got two wickets each as

Willingham were dismissed for 109.

We also have a new chairman. Simon Smith stood down after two years and was replaced by Ashley Curry.

Continuing the theme of new blood, Paul Stimpson stepped down after 10 years as secretary, with Ash Bell taking up the mantle.

The end of season presentation and quiz night at Menzies was a great success. Prizes were awarded to the following:

Midweek Batsman: Javed Mir

Midweek Bowler: Jonathan Barber

Midweek Player: Javed Mir

Saturday Batsman: Nathan Dean

Saturday Bowler: Phil Orvis

Saturday Player: Barry Driver

Duckman: Martin Haslop

Champagne Moment: Dave Cullum (*awarded for becoming the most capped player for BHCC*)

Most Improved: Peter Stockton

Outstanding Performance: Elliot Hard (*for scoring 84 not out in his first Saturday league match for BHCC*)

Clubman: Jenni Stimpson

Sam Wilson was also presented with his 'baggy maroon' cap for reaching 100 appearances.

The club will not be idle during the winter, so watch this space for any news.

Our website is at [www.barhillcricket.org.uk](http://www.barhillcricket.org.uk). We have a Facebook page and you can also follow us on Twitter @BarHillCC.

Paul Stimpson

01954 201212

### • CAMBRIDGESHIRE CELEBRATES AGE • HEALTH AND WELLBEING FAIR

**Wednesday 29th October from 10.00am-1.00pm**

As part of this year's Cambridgeshire Celebrates Age, a Health and Wellbeing Fair is being held at Cambridge Central Library third floor Conference and Exhibition Space.

There will be a range of stalls providing information about the practical help and support available to enable you to maintain your health and wellbeing.

Exhibitors will include Adult Social Care, Age UK, Alzheimer's Society, Camsight, Care Network, Carers Support Team, Library Health Information Team and NRS Healthcare. Information will be provided about staying independent, safe and well, being a carer, help at home, aids to make life easier, car schemes, volunteering and leisure activities.

There will be fun activities such as ping pong and hand massage, and a talk about healthy snacks.

Cambridgeshire Celebrates Age aims to promote the well-being and improve the quality of life of older people throughout the county. You can find out more at [www.cambscelebratesage.org.uk](http://www.cambscelebratesage.org.uk).

### BAR HILL HEALTH WALKS

Free every Wednesday morning

Meet at Maple Surgery, Hanover Close,

Bar Hill CB23 8EH

at 10:30 am

Our walks are all weather (in case of rain you will find us under the church porch), free, and accessible to all, particularly those who are currently inactive.

Walks are 45-60 minutes long, and led by trained Volunteer Walk Leaders. Shorter walks may be available; contact Patricia or Josephine to discuss.

We meet locally after the walk for a hot drink and a chat. This is usually in the library, but may sometimes be at Costa, Tesco, or the Fox.

If this is your first walk please arrive 10 minutes early to complete a short Health Questionnaire.

Copies are available on the PPG noticeboard in Maple surgery, and at [www.walkingforhealth.org.uk](http://www.walkingforhealth.org.uk).

Contact: Patricia Daniels, Co-ordinator, T: 07917 874402; E: [danielsoohn@btinternet.com](mailto:danielsoohn@btinternet.com); or Josephine Powell, Co-ordinator, T: 07901 558108; E: [jopowell45@hotmail.com](mailto:jopowell45@hotmail.com).

### BAR HILL VILLAGE WEBSITE

The Bar Hill Village web site has been reactivated after a period of inactivity. The site will be a place where important and interesting information will be posted whenever it becomes available. The front page will have the latest information and, where appropriate, will link to fuller information about a subject.

If anyone has information, pictures of village events or anything else that would be of interest to the residents of Bar Hill, I will be happy to get it onto the website without delay.

Recent updates include:-

- Pictures and information about the recent flooding.
- Information regarding the improvements to the balancing lake in the wildlife area.
- The local organisations page has been updated.
- The Parish Council page now has the latest meeting minutes posted.
- The Residents' Association will also have their meeting minutes posted.
- Copies of the Bar Hill News for the last two years are now online.
- A new page for recommended local tradesmen has been added.
- The local events page is as up to date as possible, but input is needed from events organisers.
- Updated links to local sites.

The website can be found at [www.barhill.org.uk](http://www.barhill.org.uk). Any comments, ideas or items for inclusion should be sent to the webmaster, who can be contacted via links on the website, or by email to [barhill@machineconcepts.co.uk](mailto:barhill@machineconcepts.co.uk).

### FAMILY HISTORY RESEARCH

Caroline Norton, Cambridgeshire Family History Society, will attend Bar Hill Library to assist with family history research between 10am and 4pm on Monday 17th November 2014.

## CHURCH MATTERS

### KNIT AND NATTER...

...is on Thursday afternoons from around 1.15–3.15pm in the Octagon. We are a friendly and active group that makes a lot of things including hats, scarves and mittens for "Operation Christmas Child" shoe boxes. By joining us, you will meet new friends as well as provide support to organisations that need voluntary help.

We have several outings a year, occasional lunches, coffee mornings, a Garden Party in August and a Christmas lunch.

You don't have to be able to knit; you are very welcome to come and "natter" and enjoy a sociable afternoon. For further information contact Sue Kenchington on 01954 780260.

Everyone is welcome of any faith, or none.

### 'BRING YOUR OWN' CRAFT GROUP

The group meets monthly on Saturday afternoons in the Octagon, from 2.15–4.30pm. It was started to provide an opportunity for us to spend a quiet couple of hours working on our craft projects in good company, since we often find that we have too much to do at home to devote time to our creative hobbies, despite the benefits we derive from them. We usually leave feeling more relaxed, with the added satisfaction of having made progress on our projects.

We are always happy to welcome new members whether they are experienced crafters or just trying something new, so do come along. Remember to bring the materials and equipment you will need for your craft project. We will provide the company and refreshments. We ask for a donation of up to £1 to cover costs.

Last dates for 2014: 25th October; 22nd November.

For more details contact either Wendy on 01954 782041 or Sue on 01954 200875.

### YOUNG PEOPLE GROUPS

#### Youth Socials

There is a time to relax, play games (Wii, Pool, Table Tennis) one Sunday per month from 7.15–9.00pm in the Octagon.

#### Cell Groups

These are groups of young people, meeting once a month, to learn more about the Bible and the Christian faith.

#### Cafe Church

As an alternative to sitting in the Sunday morning service, the children & young people meet in the Octagon on 1st and 3rd Sundays, for breakfast and a learning activity.

#### Young Peoples Evening Worship Service

This informal service is for adults and young people and uses contemporary music and format. This is held from 6.30–8.00pm on the 2nd Sunday of the month, starting with cake and drinks!

For more information on any of these events contact Heather at [familysmeth@ntlworld.com](mailto:familysmeth@ntlworld.com).

### ...did you know...

With 594 chapters before, and 594 chapters after in the King James Version, Psalm 117 is the centre chapter in the Bible.

### BAR HILL CHURCH HOMEGROUPS

At Bar Hill Church we have six small groups who meet regularly both weekly and fortnightly, with a mixture of evening and daytime meetings. We hope that the groups facilitate discipleship, mission, fellowship, evangelistic outreach and pastoral care. We study a variety of popular biblical material; recent studies have included bible studies on the books of Romans and John as well as deeper insights in to the topics of prayer and worship. The current topic of study is 'praying through the Psalms'.

If you are interested in joining in the fellowship of a small group within the village please contact me at the Bar Hill Church office to discuss placing you in a suitable group.

With Blessings in Christ

*Jenny Patton* – Small Groups Coordinator

### BAR HILL CHURCH ECO GROUP...

...meets for an hour in alternate months to think about how we, as a local community, can best use our world's resources both for our own benefit and for that of future generations. We are working towards the award of 'Eco-Congregation'. Recent events have included a visit to Amey Cespa, a talk from the Director of LiveSimply, followed by a frugal lunch, and a range of workshops with an Eco theme. Future events include an Eco walk on Sunday 21st September, beginning at the Church at 3pm. New members – from the congregation or the village – are always welcome. Further details, including meeting dates, may be found on the church website – [www.barhillchurch.org.uk](http://www.barhillchurch.org.uk).

### THE COFFEE STOP...



...takes place every Wednesday from 10am–12 noon at the Library. Coffee, tea and biscuits are served.

An opportunity to meet old friends – and new – for a chat.

Everyone is welcome. We support the "Friends of the Library" in making good use of this valuable resource and keeping it open for everyone. We look forward to seeing you!

### CAMBRIDGE CONCERT ORCHESTRA...

...will be holding a WW1 themed concert in Bar Hill Church on Saturday 15th November from 7.30pm.

Any money raised will be split between the Church and the Royal British Legion.

Tickets: £8 for Adults; £6 for Seniors and Under 16's.

### LIGHT PARTY

Saturday 1st November from 4pm to 6pm

Bar Hill Church are holding a **Light Party** open to all children aged from reception to year 7. This is a fun event with games, songs, teaching and craft about God being the Light of the World.

To book a place at the event please ring Claire Thorby on 01954 781527 or [cypadmin@barhillchurch.org.uk](mailto:cypadmin@barhillchurch.org.uk).

Bookings close on Wednesday 29th October.

## CHURCH MATTERS



### BAR HILL COMMUNITY MARKET

Saturday 4th October  
Saturday 1st November  
10.30am – 2pm  
In the Octagon CB23 8EH  
– Entry is Free –

Come and support your local community.  
A variety of handmade crafts, jams, fruit, vegetables,  
cards and beauty products.

We raise funds for community projects.

Refreshments Available  
Soup and roll from 12noon  
BBQ (weather permitting)

If you would like to be part of the market, please  
contact either Karen Austen 01954 781085 or  
Sue Gadsby 01954 200875.



### BAR HILL ECUMENICAL CHURCH SERVICES FOR OCTOBER 2014 EVERYONE IS WELCOME

The Church Minister, Charles Mather, can be contacted  
on [minister@barhillchurch.org.uk](mailto:minister@barhillchurch.org.uk), or by phone on  
01954 277119. Our website gives lots of information  
about what's happening in Church: [barhillchurch.org.uk](http://barhillchurch.org.uk).

Sunday 5th 10am Holy Communion with Café  
Church for Young People.  
6.30pm Evening Worship  
Sunday 12th 8am Holy Communion.  
10am Quaker Meeting with Kidz Club  
for Children.  
6.30pm Youth Service.  
Sunday 19th 10am Holy Communion.  
Weds. 22nd 10am Midweek Communion.  
Sunday 25th 10am Morning worship.  
6.30pm Holy Communion.

Contact: Church Centre Manager: 01954 206120;  
office hours Mon., Weds. and Fri. 0930–1230.

There is a Roman Catholic Mass every  
Saturday at 6 pm.

### BAR HILL CHURCH WEEKEND AT HOME

On 18th and 19th October we are having a weekend  
together at home in our Church buildings, to think about  
being an Eco congregation. We will have guest speakers  
on Saturday along with workshops. There will be a social  
on the Saturday evening and on Sunday we will have our  
morning worship followed by a shared lunch.

If you would like to join us for any of this weekend or get  
more information, please ring Bob on 01954 200987, or  
look at [education@barhillchurch.org.uk](mailto:education@barhillchurch.org.uk).

### MESSY CHURCH...

...is for pre-school and primary age children and their  
carers. They meet in the Octagon from 3.15–5.15pm  
on the 3rd Wednesday of each month.

Each session begins with craft activities followed by a  
story and song on a Bible theme, and ends with a  
simple meal. Come along!

For more information contact Peter at  
[familysmeth@ntlworld.com](mailto:familysmeth@ntlworld.com).

### THE CATHOLIC CHURCH OF OUR LADY AND THE ENGLISH MARTYRS

Hills Road, Cambridge

The Catholic Church serving Bar Hill

Parish Priest: Mgr Peter Leeming Tel: 01223 350787

Deacon: Revd Robert Joyce

Local contact: Bunty Waters Tel: 01954 201421

Monday, Wednesday, Thursday, Friday 8am and 12.15pm

Tuesday 8am and 7.30pm

Saturday 6pm. First Mass of Sundays

Masses in the Parish Church in Cambridge; also 5pm at Cambourne and  
6pm at The Octagon, Bar Hill.

Holydays of Obligation 8am, 10am, 7.30pm

Sacrament of Reconciliation

Tuesday 6.45pm (not after Mass)

Saturday 10.30–11.15am, 4.30–5.15pm, 7.00–7.45pm

Details of other services are published in a weekly newsletter available at the  
6pm Mass each Saturday – copies are also available in the Church Centre.

### ROCK SOLID...

...is a midweek club for primary  
school age children which runs  
every Thursday evening in the  
Octagon/Meetings Room from  
6.00–7.15pm, during term time  
only. We have great fun with songs,  
news time, bible story time, craft  
and games, stopping for a quick  
break for drink and a biscuit half  
way through!

We are fully subscribed at the  
moment, but if you think your child  
would like to come along, please  
contact Adrienne Sharman on  
01954 780874 for further  
information.



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During the week we have the following groups and clubs:

Monday	Helene Jones Dance	3.30-8.15 pm
	(school term time only)	
Tuesday	Shotokan Karate	5.45-8.00 pm
Tuesday	Danielle (Boot Camp)	8.00-9.00 pm
Wednesday	Helen Jones (Dance)	4.00-6.45 pm
Wednesday	Zumba	7.00-8.00 pm
Wednesday	Pilates	8.00-9.00 pm
Thursday	Pilates	10.30-11.30 am
	(school term time only)	
Thursday	Weightwatchers	7.00-7.50 pm
Friday	Martial Arts	6.30-8.30 pm
Friday	Stage Starz	5.45-6.45 pm
	(school term time only)	
Saturday	Sweat and Tone	8.00-9.00 am
Sunday	Bingo (doors open 7pm)	7.30-9.30 pm
	Cash prizes	

If you wish to book any of these facilities, or get more information, please contact us: T: **01954 782414** (leave a clear message and we'll call back within 24 hours Monday-Friday); E: [barhill.villagehall@btconnect.com](mailto:barhill.villagehall@btconnect.com). We look forward to hearing from you.

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Monday to Friday: 0800-1300; 1400 - 1700.

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W: [www.learnitwithlaura.co.uk](http://www.learnitwithlaura.co.uk).

## BAR HILL SPORTS AND SOCIAL CLUB



The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large HD TV screens, play pool, darts, skittles and cribbage, or enjoy a drink in our quiet lounge bar.

Visit our website, [www.bhssc.org.uk](http://www.bhssc.org.uk) or join us on Facebook, at Barhillsports.Socialclub.

### What's on in October?

Sat. 4 Oct. Play Your Cards Right

Fri. 17 Oct. Starfish (band)

Sat. 18 Oct. Play Your Cards Right

Mon. 27 Oct. Mini Monthly Quiz - £50 prize

### Looking Ahead...

Sat. 1 Nov. Play Your Cards Right

Sat. 1 Nov. Halloween Party

Sat. 15 Nov. Play Your Cards Right

Sat. 29 Nov. Play Your Cards Right

**Saturday Teams Home Games (K/O 1500 unless stated)**

Sat. 4 Oct. Bar Hill Saturday v Elsworth Sports K/O 1400

Sat. 11 Oct. Bar Hill Saturday v Littleport Town

Sat. 18 Oct. Bar Hill Saturday v St Ives Rangers

Sat. 25 Oct. Bar Hill Saturday v Chatteris Town Reserves - K/O 1400 Junior Challenge Cup

### Halloween Party

We're holding our Halloween Party on Saturday, 1st November. Why? So you can trick and treat on Friday!

### Christmas Draw

The mince pies have appeared in Tesco so it's time for our Christmas Draw to begin. Starts 1st October.

### Not a Member?

New members are always welcome, join now for £10, Seniors £5. Pop in and have a look round. Please ask the bar staff for a membership form. See our website for opening times. The club also has a junior membership for 16 and 17 year-olds for a one off payment of £5. This is valid until full membership can be obtained at 18.

Andrew Wilkin, 01954 781881 (BHSSC)

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01954 780027

## Cottenham

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01954 252122

## Milton

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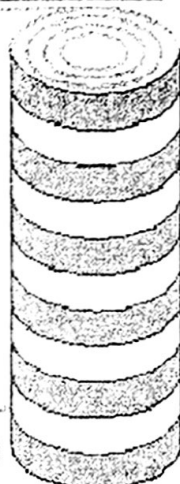
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## FRIENDS OF THE ROSIE HOSPITAL



With your help, we are making the Rosie a more comfortable environment for mothers and babies. Follow us on the Rosie in Stitches Facebook page.

This summer we have a small display at the Farmland Museum, Denny Abbey, Waterbeach and the Tea Bar, Outpatient Department, Rosie Hospital.

Our next stalls will be at

Bar Hill Community Market on 4th October 10.30am to 2pm; and 1st November 10.30am to 2pm

We have discounted items for sale in our eBay Charity Store Rosieinstitches2010. New knitted clothes and toys for sale on our website [www.rosieinstitches.org.uk](http://www.rosieinstitches.org.uk). If you have any spare polyester toy stuffing or yarn we are in urgent need of your donation.

There are links to affiliate stores on our website where we will get a donation. To support Friends of the Rosie Hospital, Cambridge, England, visit [www.easyfundraising.org.uk/causes/forh](http://www.easyfundraising.org.uk/causes/forh) and follow the instructions.

You can raise funds by using the Easyfundraising search site at <http://forh.easysearch.org.uk>. There are competitions to enter on the Easyfundraising blog. If you can improve our website, organise the three large stalls per year at Addenbrooke's Outpatients, provide transport for our volunteers or display a small selection of our wares, please contact a member of the committee. Details are on our website. Thanks to for all your support.

## FOR SALE

Pair of Nike Hypervenom football boots, black with orange trim, brand new cost £80 looking to get £50 ono. Size 10/11.  
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## - NWR -

### CONNECTING WOMEN WHO ARE INTERESTED IN EVERYTHING AND TALK ABOUT ANYTHING

NWR is a national women's organisation with members who enjoy lively conversations both serious and light hearted. It is for women of all ages, who like to be informed and share ideas by actively participating in the content of meetings. We promote friendship and self-confidence for lively minded women. We invite you to join us, come along to one of our meetings, you'd be very welcome.

9th October: Planning Meeting. Venue: Marie-Thé's.

23rd October: Icons of the 20th Century - Choose an Icon and talk about him/her and why you chose this person. Venue: Bobby's.

6th November: School's Out for Summer - How was school for you? Tell us about a teacher, uniform, how different was discipline etc. Venue: Marie-Thé's.

The Bar Hill NWR group meets informally on alternate Thursday evenings; we pay just £1.00 per meeting to cover costs. If you would like more information or someone to accompany you to a meeting, please don't hesitate to call Marie-Thé Last on 01954 780329 or Geraldine Martenz on 01954 203458.

NWR can also be found on [www.nwr.org.uk](http://www.nwr.org.uk). Why not have a look!

## MAPLE SURGERY NEWS

Tel: 01954 780442

[www.mhmaple.co.uk](http://www.mhmaple.co.uk)

**Opening Hours from 22nd September** - we will be offering early appointments from 7.30am on a Monday, Wednesday and Thursday and the Surgery will be open until 6.30pm every weekday. Bookings for on the day emergency appointments can be made from 8.30am. **Flu Clinic** - this year's clinic will be on Saturday, 18th October from 9-12. Eligible patients will receive their invitation by letter or SMS message.

**Free NHS Health Checks** - if you are between 40 and 74 years old and have not had an NHS Health Check in the last five years, please contact the Surgery to book your check with the Nurse now.

**Real-time Feedback Study** - the RTF Study is still running in the Surgery with two touch screens. Thanks to those patients who have taken the time to give us feedback on our service and please remember that you may complete the questionnaire every time you visit the Surgery.

**New Patients** - we are currently accepting new patients - visit the Surgery to complete registration forms.

**Electronic Prescriptions** - the Surgery will commence using the Electronic Prescription Service at the end of November. We would encourage all patients to contact their local pharmacy to complete a pharmacy nomination form which will advise us which pharmacy you would like your repeat prescription sent to once EPS is in use.

**Online Appointments and Repeat Prescription Requests** - registered patients can now book GP appointments and order repeat medications on the Surgery website [www.mhmaple.co.uk](http://www.mhmaple.co.uk). Please call in to the Surgery with one piece of photo ID to obtain your username and password.

**Repeat Prescriptions** - please do remember to allow two clear working days for your repeat prescription requests to be processed. (For your own safety we are unable to accept repeat prescription requests by telephone. You may order repeat medications on our website (see above), via our dedicated email [maplesurgery.repeats@nhs.net](mailto:maplesurgery.repeats@nhs.net) or put your completed repeats slip into the grey repeat prescription box located on the wall in the front entry foyer of the Surgery.)

**Contact Details** - it is very important that we have your up to date details on your record so we can contact you easily. Please take a moment to call or drop in to the Surgery to check that we have your correct home address, landline and mobile numbers and email address. Regards, *The Maple Surgery Team*

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## BAR HILL CHILDMINDERS



If you are thinking of going back to work or would just like to have a bit of time to yourself, then why not leave your child in a friendly environment with a Childminder who is Ofsted registered, fully insured and First Aid Trained? Childminders offer

a wide variety of activities including trips out to local toddler groups and parks, arts and crafts, music, stories and much more.

If you would like to find out more, you can call any of the Childminders listed below or just come along to our 'Little Bunnies' session on Thursdays to meet us all (see below).

### Childminders with current vacancies

Kirsty	07584 168909 (school aged children)
Melanie	01954 204496 (0-5 year-olds)
Jacky	01954 780249
Kirsten G	01954 200228
Kirsten C	01954 202228
Terri	07846 018714

### 'Little Bunnies' Toddler Group for Babies and Pre-school



Children and their Parents/Carers. We meet on Thursdays 9.45-11.15 am in the Octagon (term time only) £2.50 per family/carer, or £1 per adult with one child under a year old. Includes soft drinks and healthy snacks for the children, hot drinks for the adults. We have a large range of indoor and outdoor toys.



## GIRLGUIDING IN BAR HILL

1st Bar Hill Brownies had a busy start to the year celebrating the Big Brownie Birthday Centenary. We started with some of the girls taking part in the Anglia Region launch weekend at Butlins in Skegness.

The girls worked towards their 100 years Challenge badge, and they created a scrap book of memories.

They also took part in a joint Sleepover with the other Brownie pack. The girls got to do lots of Space Activities and then slept in the Church! Many attended the Big Brownie Starquest Day in the grounds of Churchill College in July.

We ended the term with a walk to Lolworth for a quiz and a picnic. We are looking forward to another exciting term ahead for the Brownies! Why not come and join in the fun?

Girlguiding units currently meet weekly in Bar Hill: Rainbows (age 5-7) Monday and Wednesday, Brownies (age 7-10) Tuesday and Wednesday, Guides (age 10-14) Wednesday, and Senior Section (14+) meet monthly.

If you would like to volunteer, or your daughter wants to join us having fun in a girl only environment, please go to [www.girlguiding.org.uk/interested](http://www.girlguiding.org.uk/interested).

For more information about local girlguiding, please phone 01954 203322 or email Di Gunton, Bar Hill District Commissioner, at [di@theguntons.com](mailto:di@theguntons.com).

## WILLINGHAM & LONGSTANTON SURGERIES

Willingham: 01954 260230; Longstanton: 01954 207600; Dispensary: 01954 260073

Website: [www.willinghammedicalpractice.nhs.uk](http://www.willinghammedicalpractice.nhs.uk)

Flu vaccination – is recommended and is free under the NHS to all people of 65 years and over, pregnant women, and to those of any age with a long term medical conditions. Please ring to make an appointment at one of our special flu clinics on Thursday 2nd and Thursday 9th October from 1.30-3.00pm at Willingham surgery and Tuesday 7th October 1.30-3.00pm at Longstanton surgery.

Private flu vaccinations for those who are not in the above categories are available at a cost of £10. Please ask in pharmacy.

Flu vaccines for children – the campaign to reduce flu in the community by vaccinating healthy children continues this winter. Children born between 2/9/09 and 1/9/12 inclusive can receive a flu vaccination, given in the form of a nasal spray (not an injection). These should be available in early October.

Patient Surveys – both the practice and the pharmacy are required to conduct a patient survey on an annual basis. You may be asked to complete a questionnaire when you attend the surgery and we would like to thank you in advance for your co-operation. We are always happy to receive your feedback either on the website, or in our patient comments boxes, or by email to [willinghammedicalpractice@nhs.net](mailto:willinghammedicalpractice@nhs.net). This helps us to review and improve our service.

Carers – our practice is dedicated to helping those who help and provide care for others. Our next meetings are: Wednesday 8th October, Wednesday 5th November and Wednesday 10th December. All meetings are from 2.00-4.30pm at Willingham surgery. If you are a Carer do come along and join us.

We were very pleased to receive Carer's Surgery of the Month for July 2014 from the Carers Trust for Cambridgeshire and the local CCG.

Missed appointments in August = 101. Please remember to let us know if you no longer need an appointment so that others may benefit. Don't forget that you can book and cancel appointments online – ask at reception how you can register for this service.

Cynthia Bidwell, Practice Manager

## 8 O'CLOCK CLUB

The 8 o'clock Club is an independent women's group who meet in the school at 8pm on the first Thursday of each month during term time.

Our programme for the following term is:

2 October – Cheryl Brightly – The history of chocolate.

6 November – Linda Scoles – God Rest Ye Merry?

4 December – Christmas meal.

If you would like to give us a try please come along to one of our meetings, or phone Barbara on 01954 204171, Adela 01954 204265 or Ann 01954 204687.

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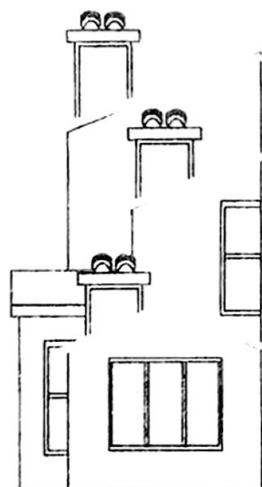
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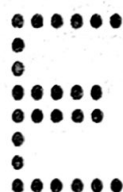
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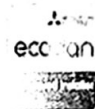
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## REPORT FROM COUNTY COUNCILLOR JOHN REYNOLDS

As your County Councillor I welcome hearing your point of view on issues that affect our community. Contact me by email at [j.e.reynolds@ntlworld.com](mailto:j.e.reynolds@ntlworld.com).

### Bar Hill Flooding

Friday 8th August saw our village deluged by a rainstorm of biblical proportions. Some 117mm (over 4 1/2") fell over Bar Hill and surrounding villages in less than an hour. Around 75 homes were flooded.

Sadly the school was flooded twice, 8th and 14th August. Mobile classrooms were erected in the playground and the school was able to open on time, so that the children's education was not affected.

A number of local businesses were affected, including the Hotel where 17 rooms, staff accommodation and property were damaged.

Since the flooding, a Drop-In Event was held for residents and businesses affected by the flooding. Representatives from Cambridgeshire County Council, the Environment Agency, and South Cambridgeshire District Council attended to answer questions and to receive completed 'Flood Investigation' forms.

### Save money with the Cambridgeshire Energy Switch

Residents again have the chance to cut their energy bills with the third "Cambridgeshire Energy Switch Scheme". This year has seen over 480 households switch their energy supplier and save an average of £207 per household per year. This represents a saving of over £100,000 for Cambridgeshire residents.

The scheme is supported by Cambridgeshire County Council and uses the collective bargaining power of residents to achieve better prices for electricity and gas to save households money. It's open to all residents on both credit and pre-payment meters.

Anyone wishing to sign up or find out more can log on to [www.cambridgeshire.gov.uk/switch](http://www.cambridgeshire.gov.uk/switch). Those without access to the internet can contact Cambridgeshire County Council on 01223 507164.

### Northstowe Phase 2 – outline planning application

An outline planning application for Phase 2 of Northstowe has been submitted. The application is for: (1) development of the main Phase 2 development area for up to 3,500 dwellings, two primary schools, a secondary school, town centre including employment uses, formal and informal recreational space and landscaped areas, eastern sports hub, remainder of the western sports hub (to complete the provision delivered at Phase 1), busway, a primary road to link to the southern access, construction haul route, engineering and infrastructure works; and (2) construction of a highway link (Southern Access Road [West]) between the proposed new town of Northstowe and the B1050, improvements to the B1050, and associated landscaping and drainage.

*John Reynolds*

4 Hollytrees, Bar Hill, CB23 8SF; tel: 01954 200571;  
[john.reynolds@cambridgeshire.gov.uk](mailto:john.reynolds@cambridgeshire.gov.uk)

## NEIGHBOURHOOD WATCH

Meerkats could be coming to your street!



As NHW celebrates its 50th Anniversary, [comparethemarket.com](http://comparethemarket.com) has joined forces with them to promote stronger communities. They have produced an updated logo with meerkat favourites Aleksandr and Sergei and the writing changed to 'neighbourhoods watching'. Not

watching in a nose way, but being alert to help keep our communities safe. 65% of people agree neighbourhoods would be stronger and safer if people knew each other better, yet one in 10 can't name a single neighbour

*What might it mean in practice?*

- ☺ Looking out of your front window at night (eg before you go to bed); burglars know most people don't do so once their curtains are drawn.
- ☺ Preventing your neighbour's home looking empty while they're away; post piling up, full wheelies after bin day or empty wheelies left out, can all attract a criminal's attention
- ☺ Reporting any suspicions or concerns to the police (101); eg an unmarked white van trawling the streets or someone paying particular attention to the outside of properties. The more reports the police receive the easier it is for them to build up a picture of possible criminal activity.

*So would you like to see these cheeky new meerkats in your road?*

We are looking for new or replacement street coordinators in: Foxhollow, The Brambles, The Fairway, Chestnut Rise, Hillcrest (nos. 1-109), Field View, Oatlands (14-52), Partridge Drive, Otter Close and Gardens.

If you would like to know what is involved please contact me and help to keep our village community stronger and safer.

*Pam Vandy*

NHW Village Co-ordinator, 01954 201001;

[nhwinbarhill@yahoo.co.uk](mailto:nhwinbarhill@yahoo.co.uk)

## – SWAVESEY RADSOC PRESENTS "CINDERELLA" – would you like to be in it?

RADSOC's pantomime for 2015 is "Cinderella" and will be performed at Swavesey Village College on 23–25 January. If you've ever thought you'd like to be in a pantomime, now's your chance! We'd be delighted to hear from anyone who'd like to be in the chorus. All ages are welcome! We rehearse twice a week, on Monday and Wednesday evenings, plus a few Saturday mornings, in Swavesey and Bar Hill. Or maybe you'd like to help backstage, or with the technical crew, or front of house? Whatever you'd like to do, RADSOC is a friendly group and you'd be made to feel very welcome. Please contact the producer, Chris Avery, on 01954 781233, or e-mail [secretary@swaveseyradsoc.org](mailto:secretary@swaveseyradsoc.org) for more information.

*...did you know...*

if you sneeze too hard you can fracture a rib?

*...did you know...*

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### Bar Hill Pre-School

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<http://www.barhillpreschool.co.uk>

Village Hall 01954 782892

Our ethos is to ensure high quality care by focussing on each child's ability and interests. Our key person and buddy system enables our team of highly qualified staff to plan activities to reflect the needs of all the children. We offer fully flexible care between 9am-3pm, for children aged 2-5yrs and are registered for Nursery Education Funding (NEF) as well as the new government scheme 'Funded 2's'.

The extended outdoor learning environment provides opportunities from growing fruit and vegetables for our snack bar to discovering worms, ladybirds and other creatures that share the setting. We are proud to offer many additional learning experiences for your child with regular visitors to the setting as well as exploring the community around us. The setting is intimate and comfortable and provides a safe environment for your child to learn and develop with their peers. The indoor area has a quiet corner for reading as well as a range of toys and equipment for your child to discover. We have strong ties with the community through visits to local businesses, the library and the church.

Parent/Carer Partnership: To fulfil our commitment to meeting children's individual needs we use communication diaries as part of our outstanding parent/carer partnerships. Please contact us on the above telephone numbers or: [enquiries@barhillpreschool.co.uk](mailto:enquiries@barhillpreschool.co.uk). Our setting manager as well as session allocation coordinator, Sarah, and her deputy Michele are always on hand to support you through the registration process. We look forward to meeting you and your child.

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### BAR HILL FOOD BANK DROP-OFF

Did you know there are currently 13 million people in the UK living below poverty level? Cambridgeshire may appear wealthy, but local food banks, part of the UK-wide Trussel Trust, have seen a massive increase in demand in the five years since their introduction.

Food banks were developed to give local people three days' worth of emergency food at times of urgent need. Bar Hill Church has a drop-off box for donations in the main church foyer. If you'd like to contribute tinned, dried or non-perishable food, the Church is open on Mondays, Wednesdays and Fridays from 0930-1230.

We have lists of suitable foods on the church notice board, or you can get more information at [cambridgecity.foodbank.org.uk](http://cambridgecity.foodbank.org.uk).

### DISTRICT COUNCILLOR REPORT OCTOBER 2014

As a result of the flash floods on 18th August, over 100 homes were flooded, 76 of them in Bar Hill. South Cambs collected 18 tonnes of carpets, flooring and household appliances. Seven hundred sandbags were distributed to homes in imminent danger of being flooded. Further information can still be found on [www.scambs.gov.uk/content/flooding](http://www.scambs.gov.uk/content/flooding).

Cambridgeshire is the fastest growing county in the country. Its population will grow by almost a quarter in the next 20 years. Most of the 120,000 new residents will be housed in Cambridge City and South Cambridgeshire, where the economy is expected to grow by 74%.

As a result of a grant of £500K of government money, South Cambridgeshire and Huntingdonshire District Councils have agreed to share certain specialised services, such as Building Control. The councils saved £12 million in the last 4 years to compensate for a 25% cut in funding. Sharing services will result in a further £10m savings in the next 10 years.

Changes in refuse collection rounds will result in savings of £400K. Bin collection calendars can be found on [www.scambs.gov.uk/bins-by-parish](http://www.scambs.gov.uk/bins-by-parish). Discussions are taking place with Cambridge City Council to merge refuse collections, resulting in further savings.

Organised by the Council, the last of this year's paddleboarding sessions will be held at Milton Country Park on 5th October, from 0930-1130 and 1230-1430. This involves standing on a board and moving through the water using a long paddle. Cost is £30, with a qualified instructor.

If you need help, assistance or further information, do please get in touch.

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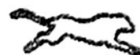
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## BAR HILL PARISH COUNCIL

Leigh Baffa, Parish Clerk

Tel: 01954 780456

e-mail: [bhillpc-1@btconnect.com](mailto:bhillpc-1@btconnect.com)

Please note that the office is open to the public between 10am and 12 noon Monday to Thursday, and **BY APPOINTMENT ONLY** on Fridays.

### Litter Picking Day

Unfortunately, the turn-out on 13th September was very disappointing. Only six residents attended, three of whom were Councillors. Those that came did a sterling job as usual. If you want your village to look good, you have to contribute your time. We have a great deal of community spirit in Bar Hill and we must not lose sight of that fact.

### Village Responsibilities

Just a reminder to all residents of who is responsible and for what. All village roads, footpaths and street lighting is the responsibility of the County Council (01223 717111). Bin collections and any rubbish related problems is the responsibility of South Cambridgeshire District Council (03450 450500). Trees and hedges may be the responsibility of the Parish Council, depending on where they are. If a tree or hedge is coming from someone's garden then the Parish Council can write to the resident asking them to cut it back.

### Bar Hill Emergency Plan

Over the last few months Councillor Mike Nelson has been updating our emergency plan for the village. It is now nearing its completion. However, we would like to have an emergency telephone tree that we can put in the plan with names and phone numbers of any willing Doctors, Nurses and first aiders. If you qualify and are willing to have your number put on the tree please contact this office.

### Parish Council Meetings

The next meeting is on Thursday 16th October at 7pm in the Parish Council Office. Members of the public and press are welcome to attend. There is an Open Forum at the start of each meeting for residents to put their views across.

Any problem with Streetlights ring 0800 253529 and give the number written on lamppost.

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If you have a cold use a hanky!

### ... interesting...

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It is the use of a starch coating that controls ink penetration when printing. Cheaper papers do not use as much starch, which is why your elbows get black when you lean over your morning paper.

### HISTON NEIGHBOURHOOD POLICING TEAM

I am Police Sergeant Mark Rabel. I've been in post now for about three months, based at Histon Station. I have responsibility for the Histon Panel area, which embraces your village. I live in this area and have three kids – the two youngest attend local schools.

South Cambridgeshire continues to be a safe place to live and work. The biggest crime problem continues to be burglary, with an average of one a day committed throughout the area. Our geographic patch is approximately 350 square miles – a massive area to patrol. A typical MO is that a window is smashed with an untidy search of the house before making off with small valuables. It's an awful experience for the victim, with a feeling of violation and the cost of replacing items, repairing windows and changing locks. In the last several weeks we have charged eight individuals with burglary. Interestingly all bar one live outside South Cambridgeshire, suggesting our area is targeted by criminals. Preventing burglary and catching offenders remains our top local priority.

You can help by keeping vigilant for suspicious activity in your area and calling 999 if you feel something is amiss. Statistically there are very few successful burglaries where a working alarm system fitted. If you would like advice regarding the security of your property, your local officer will be happy to help.

The summer is almost over and we have had relatively little disorder compared to the same time last year. We were actively engaged in summertime patrols in the green spaces in your area. All carnivals and events were without major incident.

Our next Panel Meeting, where your local priorities are set, takes place on the 15th October at the Orchard Park Primary School – 7pm for 7.30pm start. The meeting usually finishes by 9pm. You are welcome to attend for a chance to meet your local officers, get a more specific update on police activities in your area, ask questions or just observe.

For those that already know me I am also happy to talk about cricket!

### BAR HILL BABY AND TODDLER GROUP...

... is held on Wednesday and Friday 9.45–11.15 am at the Octagon. This is for families and carers with children aged 0–4 years, with a variety of toys and activities for toddlers and pre-schoolers, and a baby area with mats and age appropriate toys. Drinks and snacks are provided.

**Prices:** Under 1's – £1.00 (or FREE when paying for a sibling over 1); Over 1's – £2.00.

Maximum charge per family/child-minder – £3.00.

Visit our Facebook page for details of future events.

### – FOUND –

A child's pink bike was recently found at the AB frame near Pheasant Rise. It has been taken for safekeeping. Please contact Kirsten on 07906 218070 for more information.



### NEW COMMUNITY CHOIR WELCOMES SINGERS

A new choir designed to support people living with memory challenges in our community begins this month here in Bar Hill. We seek singers – individuals with a diagnosis of a dementia including Alzheimer's disease and carers. Community volunteers welcome. We welcome singers and non-singers from Bar Hill and surrounding areas to rehearse and perform concerts locally. Singing experience is not necessary. Rehearsals begin 23 September on alternate Tuesdays from 1–3pm at Bar Hill Village Hall.

### FOR SALE

Bird Nesting boxes £3 each – only 3 left.

#### Fishing Tackle

Daiwa 17ft 6inch fishing rod £29 ono.

Maver ABYSS 12ft fishing rod £19 ono.

Force 8 Day Shelter used twice cost £79.99  
sell £39 ono.

Banshee Day Shelter unused cost £69.99  
sell £39 ono.

Sundridge i-R-3 Seat Box £12 ono.

Browning Keep Net £5 ono.

Rueben Heaton weigh scales £2.

#### Other

20 Litres Carlube 10-40 Semi Synthetic  
petrol engine oil £5.

3-4 litres Dulux one coat rich matt,  
Wicker colour £2.

Picnic Table fold up type with 4 seats £19 ono.

Tony 07831 895007 (01954 789848)

### FOR SALE

Drum Kit for £60 ono

For more information, ring 01954 782105.

### – BAR HILL FOOTBALL PROJECT – CHAIRPERSON VACANCY

Do you have a passion for football and an interest in promoting sport in Bar Hill? Then you could be the right person to offer some leadership for the Bar Hill Football Project Committee, who manage the floodlit astro turf pitch in the village.

The chairperson's role would be to attend four committee meetings a year and help deliver our sports development plan. The role would suit someone who has an interest in sport in Bar Hill, a current or retired player or someone studying for a sports qualification. For further information contact Paul Thorby on 01954 781527 or paul\_thorby@tiscali.co.uk.

## SING IT OUT

### COMMUNITY CHOIR

on MONDAYS at THE OCTAGON, Bar Hill at 7.30pm

Popular Songs/Musicals

All are welcome

Contact Mel Stamp for more details:

E: [singitout@virginmedia.com](mailto:singitout@virginmedia.com); T: 01954 203554

### – BAR HILL COLTS FOOTBALL CLUB NEWS – FOCUS ON THE BAR HILL VIXENS GIRLS U12 TEAM

This month we focus on our Bar Hill Vixens Girls team, who won the Bar Hill Colts team of the year last season, with Kristen Merry picking up manager of the year too. As the Bar Hill Vixens enter their 3rd season, Saturday mornings are back on the radar again and the coaches feel the Vixens now have a new sense of energy and purpose during training! We will be using this momentum to work on discipline during training, commitment on the ball and most of all, enjoying the game and having even more fun.

This season the girls move up to the under 12s in the S-Tech Cambridgeshire Girls South league. See our recent results and upcoming matches on the FA full-time website: <http://tinyurl.com/vixens2014>.

Or for a more condensed league table and fixtures for your mobile: <http://tinyurl.com/vixens2014mobile>.

One of the things you notice as part of the coaching team is that after three seasons the girls have more or less found their natural playing positions on the field. They don't all want to be strikers – they all want to score a goal though, but there's no more chasing the ball like a pack of wild dogs. The girls now realise the importance of team effort, playing as a team, passing, making space, the importance of a confident goalkeeper, a strong defence and a hard working midfield... all of which they have in shed loads, but that's not to say they're not still a work in progress. So come Saturday morning, match day, league and cup matches, home or away, we'll have to get used to that feeling of anticipation, the butterflies in the stomach, the feeling of wanting to get on with the game, the pre-match team talk, enjoying the beautiful game and learning from the experience, not just the winning... so, watch this space!

Please come and support us on Saturday mornings... and "Come on you Vixens!!!"

### LOVE LIFE – LOVE SLIMMING WORLD

Join our warm and friendly group at

**Bar Hill Primary School**

on Wednesdays at 5.30 pm or 7.30 pm.

Want to lose weight and never feel hungry?

**Call Chris on 07779 287055.**

No pills or potions, just healthy wholesome food  
suitable for all the family.

Website: [slimmingworld.com](http://slimmingworld.com); T: 0844 897 8000

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Craig Hinchliffe T: 07944 609868;

E: [hinchliffebuildingservices@gmail.com](mailto:hinchliffebuildingservices@gmail.com)

## **FINBOW FRAMING** **(inc Warwick Fine Art Prints)**

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Please feel free to get in touch with Julian on 07952 295861  
[www.finbowframing.co.uk](http://www.finbowframing.co.uk)  
[finbowframing@hotmail.com](mailto:finbowframing@hotmail.com)

## **Oakington Garden Centre**

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**Fax. 01223 236823**

**Email. [oakingtongardencentre@hotmail.com](mailto:oakingtongardencentre@hotmail.com)**

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**Bar Hill Dental Clinic**  
**Hanover Close, Viking Way,**  
**Bar Hill**

**Cambridge CB23 8EH**  
**01954 781616**

**[www.cambridgedentist.co.uk](http://www.cambridgedentist.co.uk)**  
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07711

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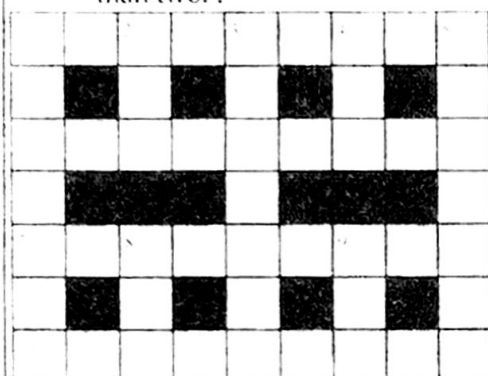
**8393 T: 01954 201085**

**74 Hillcrest, Barhill, Cambs, CB23 8TQ**



# OCTOBER CROSSWORD

Across 1. famed for its steam rally;  
6. G&S opera; 7. defensive bank;  
10. done in hospitals etc.  
Down: 1. Autumn festival; 2. useless;  
3. description; 4. Sutton ---  
historic site near Woodbridge;  
5. African small mammal; 8. type  
of grain used for bread; 9. fewer  
than two. .



## SOLUTION FOR SEPTEMBER

Across 1. Wrest Park; 6. St Guthlac;  
7. rhinoceri; 10. lavishing.  
Down 1. wastrel; 2. ego; 3. tattoos; 4. all;  
5. kicking; 8. ITV; 9. Eli.

## OCTOBER BIN COLLECTION DATES

Wednesday 1st black bins  
Wednesday 8th blue and green bins  
Wednesday 15th black bins  
Wednesday 22nd blue and green bins  
Wednesday 29th black bins  
*There are to be changes to green bin  
collections in December, January and  
February. Your green bin will be emptied  
only once a month during this time.*

I am a mature lady looking for part-time,  
interesting work. I have office/reception  
skills etc. If I can help you, or you  
need more information, please ring  
Patricia on 01954 583178.

## OCTOBER BULLETIN FROM CAMBRIDGESHIRE FIRE AND RESCUE SERVICE

WINTER is coming and after seeing a rise in chimney fires last year, Cambridgeshire Fire and Rescue Service is encouraging residents to get their chimney professionally swept before the cold sets in.

Top tips to enjoy an open fire safely:

- Sweep your chimney at least once a year and get brickwork inspected, especially the chimney breast and roof space.
- Do not bank fires too high or overload the grate, and remember to let them burn down well and check the hearth before going to bed.
- Use a fire or spark guard to prevent accidental fires.
- Do not place objects on or over the mantle-piece which may cause you to stand too close to the fire to reach or use them.
- Burn only suitable fuels and avoid burning resinous woods as soot builds up quickly.

Above all, ensure you have a working smoke alarm fitted on each floor or your home. To find out if you are eligible for a free home fire safety check, call 0800 917 9994.

Like our fan page on Facebook: [www.facebook.com/cambsfrs](http://www.facebook.com/cambsfrs), follow us on Twitter @cambsfrs and Instagram.

## HEATING OIL

Now is the time to consider your heating oil requirements for the winter months.

Traditionally oil prices in the summer and early autumn tend to be cheaper, and deliveries faster than in the colder weather.

Cambridgeshire ACRE's community oil buying scheme is designed to help purchasers of central heating oil make savings by buying in bulk. The scheme is open to anyone in Cambridgeshire and Peterborough. Community buildings such as churches and village halls as well as businesses which are reliant upon heating oil can join too. The annual membership fee for domestic users is £20 and covers as many oil orders as you need during the course of the year.

Through our partnership with AF Affinity Limited, the scheme makes the most of collective purchasing power.

The average saving is 2 pence per litre against online prices. Members who ordered oil in July and August this year got it for less than 50 pence per litre (exclusive of 5% VAT). The environment benefits too as every time a tanker makes a delivery, it is using diesel – a full tanker can get as little as a horrifying 8 miles per gallon. If deliveries are organised so that one tanker delivers to several customers instead of making lots of individual deliveries, the fuel consumption is reduced and so is traffic in the village.

To find out more about the Cambridgeshire ACRE Community Oil Buying Scheme, go to our website [www.cambsacre.org.uk](http://www.cambsacre.org.uk) or contact Julie Weekes: T: 01353 860850; E: [oil@cambsacre.org.uk](mailto:oil@cambsacre.org.uk).

## OCTOBER PUZZLE

Form nine words relating to **time**, containing nine letters, in alphabetical order.

A	F	T	G	H	T	Q	U	A
B	L	E	H	O	N	R	N	I
C	H	R	I	S	T	R	T	E
D	A	Y	M	A	R	R	L	Y
E	R	N	M	A	S	T	E	R
E	T	A	M	A	S	T	I	M
E	Y	M	O	O	N	T	I	N
F	O	R	O	O	N	T	N	I
G	H	T	O	V	E	Y	E	S

Solution to September: BANE BERRY, CHICKWEED, CORIANDER, EYEBRIGHT, FENUGREEK, GROUNDSEL, HELLEBORE, LIQUORICE, TORMENTIL



## RESIDENTS' ASSOCIATION

Interested persons are always welcome at Residents' Association meetings, which are usually held on the first Tuesday of the month at 8pm in the Parish Council office.

Next meetings:

7th October;  
4th November

## – Events Calendar –

date	event	where	time
29 Sept.	Monthly Quiz (page 8)	Bar Hill Social Club	7.30pm
1 October	Harvest Fayre (see September's BHN)	Over Day Centre	afternoon
2 October	8 O'clock Club – History of Chocolate (page 16)	Bar Hill School	8pm
3 October	Carer's Away Day (below)	Marriott Hotel, Huntingdon	10am–4pm
4 October	Bar Hill Community Market (page 7)	Octagon	10.30am–2pm
5 October	Garage & Table-top sale (below)	Village Hall/Village	10am–4pm
9 October	NWR – planning meeting (page 15)	Venue: tbc	8pm
16-18 Oct.	RADSOC: 'Season's Greetings' (page 3)	Swavesey Village College	7.30pm
17 October	Starfish (band) (page 8)	Bar Hill Social Club	
23 October	Meeting to discuss Flooding (front page)	Church	7pm
23 October	NWR – Icons of the 20th Century (page 15)	Venue: Bobby's	8pm
27 October	Monthly Quiz (page 8)	Bar Hill Social Club	7.30pm
29 October	Health & Wellbeing Fair (page 5)	Cambridge Central Library	10am–1pm
1 November	Bar Hill Community Market (page 7)	Octagon	10.30am–2pm
1 November	Light Party (page 6)	Church	4–6pm
1 November	Jumble Sale & Mini-Auction (below)	Village Hall	tba
6 November	NWR – School's Out for Summer (page 15)	Venue: Marie-The's	8pm
6 November	8 O'Clock Club – God Rest Ye Merry? (page 16)	Bar Hill School	8pm
8 November	Quiz Night for Elizabeth Coteman Fund (page 3)	Social Club	6.30pm
15 November	Cambridge Concert Orchestra (page 6)	Church	7.30pm

### Garage & Table-top Sale – Sunday 5th October, 10am – 4pm

The Bar Hill Village Hall Committee invites you to join them in a Village 'Garage Sale' and, for those unable to do this, a Table-Top Sale will also be held in the Village Hall.

To cover costs, a donation of £5 per garage and £3 per table will be asked. Any surplus money will be donated to the Village Hall Fund.

If you are interested, please contact Pete and Jackie on 07806 807454 or 01954 781895, or e-mail [bumblecut@btinternet.com](mailto:bumblecut@btinternet.com). Alternatively e-mail [barhill.villagehall@btconnect.com](mailto:barhill.villagehall@btconnect.com) with your name, address and contact information.

You will be given a number to display outside your garage/house. This number will appear on a map for buyers to locate participating garages. This map will be available in the Village Hall at a small charge.

#### CARERS AWAY DAY FRIDAY 3rd OCTOBER – 10am to 4pm MARRIOTT HOTEL, HUNTINGDON

Do you care for someone? A carer is a person of any age who provides unpaid support to a partner, child, relative or friend who could not manage to live independently, or whose health and wellbeing would deteriorate without this help.

Cambridgeshire's Carers Away Day is a free annual event providing carers with the opportunity to take part in informal discussion groups with expert speakers, relax, get creative and have fun by taking part in a range of activities. There is a marketplace of information and advice stands. Lunch and refreshments are provided.

This is an opportunity to meet other carers and share your stories and experiences. Places are limited so please book early to avoid disappointment. To book your place contact the Carers Support Team on 01480 377616 or e-mail:

[CarersSupportTeam@cambridgeshire.gov.uk](mailto:CarersSupportTeam@cambridgeshire.gov.uk). There may be support for carers to attend, so please ask for any assistance you might need to enable you to come.

For more information about the day, visit [www.cambridgeshire.net](http://www.cambridgeshire.net).

A date for your diary: **1ST NOVEMBER: JUMBLE SALE AND MINI-AUCTION** in the Village Hall  
e-mail [barhill.villagehall@btconnect.com](mailto:barhill.villagehall@btconnect.com) for more information. Donations of unwanted items would be greatly appreciated

#### WALKING – HERE ARE SOME FACTS.

Walking is an excellent form of exercise. We are very fortunate in this area – it has relatively few hills and a vast network of footpaths, cycle paths and bridle ways.

*Regular walking can* strengthen your heart, your bones and your muscles.

*Walking can reduce the risk of* coronary heart disease, stroke, diabetes, high blood pressure, bowel cancer, Alzheimer's disease, osteoporosis, arthritis, anxiety and stress.

*Walking improves* your mood and helps combat depression.

*Walking can improve* your confidence, stamina, energy, weight control and life expectancy.

So why not join the Comberton Ramblers Group? Our Autumn Walking Programme 2014 starts on 14th September.

For further details please see our webpage: [www.combertonramblers.org.uk](http://www.combertonramblers.org.uk); or contact Stella [stella.ramblers@hotmail.com](mailto:stella.ramblers@hotmail.com).